

Are we the 'school shooting generation'?



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An Atlantic article published this year dubbed students born in the late 90s and early 2000s the "school shooting generation." Parkland shooting survivor and gun control activist David Hogg and Chapman students talk about what it's like to not remember a time when school gun violence wasn't a threat.



GABRIELLA ANDERSON Staff Photographer

The Urth Caffe location in the Orange Plaza, which is set to open Jan. 6, has been vandalized four times since July. Three of the instances have involved an unknown suspect throwing rocks through the restaurant's windows.

News, Page 3



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Californian students discuss the chaos caused by the wildfires that destroyed thousands of acres of land and killed dozens of people.

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Mazzo could pay settlement fee in insider trading case

Rebecca Glaser | Editor-in-Chief

Jim Mazzo, a Chapman Board of Trustees member who has been on trial twice for insider trading charges, has reached a potential settlement for his civil charges with the Securities and Exchange Commission. The commission ordered Mazzo to pay a \$1.5 million fee, according to documents provided to The Panther.

Insider trading is the illegal use of information that is available only to insiders of a company, shared with outside investors in order to make a profit in financial trading.

While settling out of court isn't an admission of guilt, Mazzo will waive the right to a jury trial for these charges and be prohibited from making any public statements denying the allegations if he settles.

He will also be barred from serving as an officer or director for any public company, which is what his career has mostly comprised of, according to the documents. Mazzo is not yet retired.

"Mr. Mazzo's life has been turned upside down for the past decade," according to the documents. "The stress of these proceedings has been enormous and unimaginable on Mr. Mazzo and his family."

Mazzo has been tried twice at the Ronald Reagan Federal Building and Courthouse in Santa Ana for insider trading charges, once in March 2017 and again in January 2018 – both of which ended with the jury unable to reach a unanimous verdict. In the first trial, the jury was split 8-4,

with the majority of jurors in favor of convicting Mazzo, while the most recent trial ended with 10-2 in favor of acquitting the former CEO.



Jim Mazzo

Jim Mazzo, a Chapman Board of Trustees member, has been ordered to pay a \$1.5 million fee to the Securities and Exchange Commission. Mazzo has been tried twice for insider trading charges, but the jury was hung after both trials.

The documents also allege that Mazzo has lost "significant income" as a result of resignation from several boards over the past four years. As of Dec. 2, Mazzo remains on Chapman's Board of Trustees.

Jim Doti, Chapman's president emeritus, testified in Mazzo's defense during the January trial, saying that



Panther Archives

Mazzo has handled confidential information with integrity.

In the January trial, prosecutors also added a charge of lying in court regarding Mazzo's testimony during the first trial, according to an indictment for the second trial.

The indictment asserts that Mazzo knowingly gave false testimony on multiple occasions in late April 2017

when questioned about providing nonpublic information on his medical device company to a friend, former Angels player Doug DeCinces.

A hearing is set for Dec. 4 at the Ronald Reagan Federal Building in Santa Ana, at which a federal judge will decide whether to approve the \$1.5 million payment in lieu of a third trial.

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Meet Chapman's first Rhodes Scholar

Jade Yang | Staff Writer

Vidal Arroyo has never gotten his driver's license – he commutes to Chapman using the train. He's lived in the same Southern California house since kindergarten. And, self-admittedly, he wasn't "that great" of a student in high school. But Arroyo, a first-generation student and senior biochemistry and molecular biology major, is the first Chapman student to be awarded the Rhodes Scholarship.

The highly prestigious award gives out more than 100 fully-funded scholarships each year to students across the globe for postgraduate study at the University of Oxford in the United Kingdom. Out of about 2,500 applications that come from the U.S. each year, 32 are chosen. The Rhodes Trust Office of the American Secretary and Association of American Rhodes Scholars told The Panther that one to two applicants apply from Chapman each year.

"It's something that (some people have) thought about when they were a kid. For me, I didn't even think of applying for this scholarship until it was actually time to apply for it," Arroyo said.

"I just feel like, 'Man, I won this thing? If I can win this, I feel like anyone can win it.' All I did was decide to work harder in college. The fact that I'm winning it just means that there's a lot of hope for kids that have to overcome barriers in their education."

Arroyo, who is excited to live somewhere other than California, plans to pursue two master's degrees, both related to statistics.

"I want to design artificial intelligence algorithms that can be used to personalize cancer treatment," Arroyo said. "For the research I want to do, a lot of it is based on statistics,

so I want to develop myself in that field. And it's really cool, because Oxford actually has a really strong department in bioinformatics and statistical genetics."



ORION HUANG Staff Photographer

Vidal Arroyo, a senior biochemistry and molecular biology major, is Chapman's first Rhodes Scholar.

Arroyo's talents were first noticed by Melissa Rowland-Goldsmith, a molecular biology professor who was Arroyo's mentor at Chapman. After one of Arroyo's other professors, who he had begun research with, was diagnosed with cancer, Arroyo watched that professor leave Chapman – piquing an interest in developing adaptive cancer treatments.

"Dr. Rowland-Goldsmith ... first encouraged me to apply to cancer research programs after (this incident)," he said. "She saw the hurt I was going through, and she was able to channel that into something positive."

When Rowland-Goldsmith first met Arroyo during the spring semester of his freshman year, she saw something special.

"He came to my office hours the very first day I had them, the very first week of the semester," Rowland-Goldsmith said. "Most students would not come and introduce (themselves) and tell me right away how excited they were about taking the course."

Rowland-Goldsmith said Arroyo was always engaged in class. He was constantly answering and asking questions without hesitation. If he didn't understand something or wanted to understand it at a deeper level, he always came to her office.

"Very rarely do I have a student who gets a 100 percent score on quizzes or exams, but here's Vidal getting (perfect scores)," she said. "He was just top-notch and I saw something in him, so I said 'Have you thought about research?'"

Arroyo began cancer research the summer of his sophomore year after an extensive application process. Normally, incoming undergraduate seniors apply for the summer research programs that Arroyo did, so he faced steep competition. Arroyo applied to around 30 programs and was accepted into all of them, Rowland-Goldsmith said, though she had initially told him not to be discouraged if he didn't receive any acceptances.

"He started contacting the other schools saying 'Just ignore my applications' to let other people in, because he already had so many choices of really great places already," she said.

Arroyo has also won an outstanding oral presentation award at the Annual Biomedical Research Conference for minority

students in 2017, and has started his own club at Chapman, STEMtors, which encourages students at places like Higher Ground and among Anaheim's youth to attend college and go into STEM-related fields. He received a scholarship award from the American Society of Biochemistry and Molecular Biology.

"Every time I write a letter of recommendation for Vidal, there's so much more I need to add because he keeps receiving so many more awards," Rowland-Goldsmith said.

“The fact that I’m winning it just means that there’s a lot of hope for kids that have to overcome barriers in their education.”

- Vidal Arroyo, Rhodes Scholar

In addition to the Rhodes Scholarship, Arroyo was nominated for the Marshall, Gates-Cambridge, and Mitchell scholarships. He was offered interviews by all three and was eventually awarded the Rhodes Scholarship.

"Once the panel deliberates and decides, they bring all the finalists into the same room. I was prepared to clap for the first person whose name would be called, and then it was me," Arroyo said. "And I couldn't clap; I was shocked. I still haven't processed it at all."

Urth Caffe faces vandalism before January opening

Jasmin Sani | News Editor

In November, a hooded man rode up to Urth Caffe in the Orange Plaza on a skateboard, pulled granite rocks out of his satchel and chucked them at the windows of the building. The building was vandalized in July, on Nov. 4 and again Nov. 12, said Matt Tobey, the Urth Caffe area manager for Orange County.

"We were saddened ourselves," he said. "It was quite an excessive attack on the building."

While the vandal is still at large, the Orange County Police Department is investigating the crimes.

Urth Caffe now uses protective coating on their windows to reduce the likelihood of shattering, as the broken windows from each incident cost the restaurant around \$20,000 to replace. Urth Caffe is also working with Orange to install more security cameras at the location.

"Hopefully the city can help us be proactive in identifying the individual and keeping eyes and ears out so we can work together to keep a safe community," Tobey said.

The restaurant was also vandalized with spray paint, but it wasn't caught on camera, so it is unknown if the acts are related.

"Someone ... spray painted all over our signs, the side of the building and on the glass, and we had to spend some time scraping it all off," Tobey said.

Tobey said there are no identified motives for the vandal's actions, and he couldn't confirm or deny whether



GABRIELLA ANDERSON Staff Photographer

The Orange County Police Department is investigating three reports of vandalism at Urth Caffe. The front windows have repeatedly been broken with rocks, which costs the restaurant about \$20,000 for each repair.

the crimes could be related to a new restaurant opening in the historic building. All of the Urth Caffe restaurants are located at preserved sites, so the restaurant's management is used to restoring historical structures.

"We've run (the vandalisms) by our legal team and they don't see a motive. We don't have any enemies,

so we don't have any people that would do this intentionally," Tobey said. "We've spoken with some of the neighboring (restaurants and liquor store) that said when they opened, they received some similar instances of vandalism."

Before Urth Caffe began its construction, it first had to restore the building's structure – which

housed law offices in the late 1800s – without damaging the historic infrastructure. The restaurant has worked closely with the Orange Community Historical Society and Marissa Moshier, Orange's historic preservation planner, to ensure the construction process follows protocol.

Moshier told The Panther that the restoration process mainly consisted of uncovering, restoring and reconstructing the elements of the 1800s version of the building.

"The building originally had a plaster finish that was covering up the original historic brick, so the Urth Caffe team removed the plaster from the exterior of the building to recover the historic brick," Moshier said. "They restored the storefront along (West Chapman Avenue) and the windows along the Plaza, and then retrofitted the building for restaurant use with offices upstairs."

The incidents of vandalism have contributed to the restaurant's delayed opening for the restaurant, since discussion of an Orange location has been circulating since 2015 – but organic food enthusiasts don't need to wait much longer, as the restaurant will hosts its opening party the afternoon of Jan. 6. Tobey declined to provide the exact time of opening or details about the event to The Panther.

"When we open a store, it's very grandiose and a welcome to the community," he said. "Without giving away too many details, you'll want to be in the circle on that Sunday afternoon."

Betty Valencia may be back in city council race

Kali Hoffman | Managing Editor

Despite coming in at fifth place in Orange's City Council race the morning after Election Day, a late influx of votes in Valencia's favor have moved her up to third place, 71 votes ahead of fourth-place candidate John Dumitru.

Valencia, a Chapman doctoral student, still trails projected winners Kim Nichols, the incumbent candidate, and Chip Monaco by roughly 5,000 votes, but the potential to be appointed to the council puts her back in the running.

This year, the council has an unusual potential for a third city council member to be elected, as it's likely that current mayor pro tempore Mark Murphy, who holds 57.4 percent of the vote in the mayoral race as of Dec. 2, will win, leaving his current city council seat open.

The newly-elected council that will be sworn in on Dec. 11 will have 60 days to fill the vacant seat, said Robert Zornado, Orange's chief clerk. The council members will have the option to either hold a special election or appoint someone to fill the open seat.

"On Dec. 11, that's when the clock starts ticking," Zornado said.

Valencia was caught off guard by the news. She had no idea this was a possibility, she said. After learning about the third open seat, she rekindled a campaign that she thought had run its course.

"We're not ready to close shop yet," Valencia said. "We want to make sure we're representing this campaign until the very last minute."

Council members can appoint anyone of their choosing, meaning Valencia, the third-place candidate, is not guaranteed the spot.

Fred Smoller, a Chapman



Courtesy of Betty Valencia

If Mark Murphy wins the mayoral race for Orange, his city council position will be vacant. On Dec. 11, the city council will either appoint someone to fill it in or hold a special election, and Betty Valencia could possibly take the seat, as she came in third place.

“**We’re not ready to close shop yet. We want to make sure we’re representing this campaign until the very last minute.**”

- Betty Valencia, Orange City Council candidate

political science professor, thinks there is a chance the council will appoint “another white male,” but there is no way to know for sure until Dec. 11.

But choosing not to appoint Valencia could put the Orange City Council in a situation similar to cities like Santa Ana and Anaheim, which decided to make the switch to electing council members by district as opposed to at-large because some members of minority populations felt the council was not representative of its constituents.

“Someone like me could actually get in there,” Valencia said. “I feel stronger ... I’m not second guessing anymore.”

Chapman stops serving romaine after E. coli outbreak

Dayna Li | Staff Writer

Chapman has stopped serving romaine lettuce in the wake of an E. coli outbreak that has affected romaine lettuce in 12 states, causing 43 people to become ill.

The Food and Drug Administration determined that romaine lettuce from the California counties of Monterey, San Benito, San Luis Obispo, Santa Barbara, Santa Cruz and Ventura has been linked to the outbreak, and advises consumers not to eat romaine if they don't know its source.

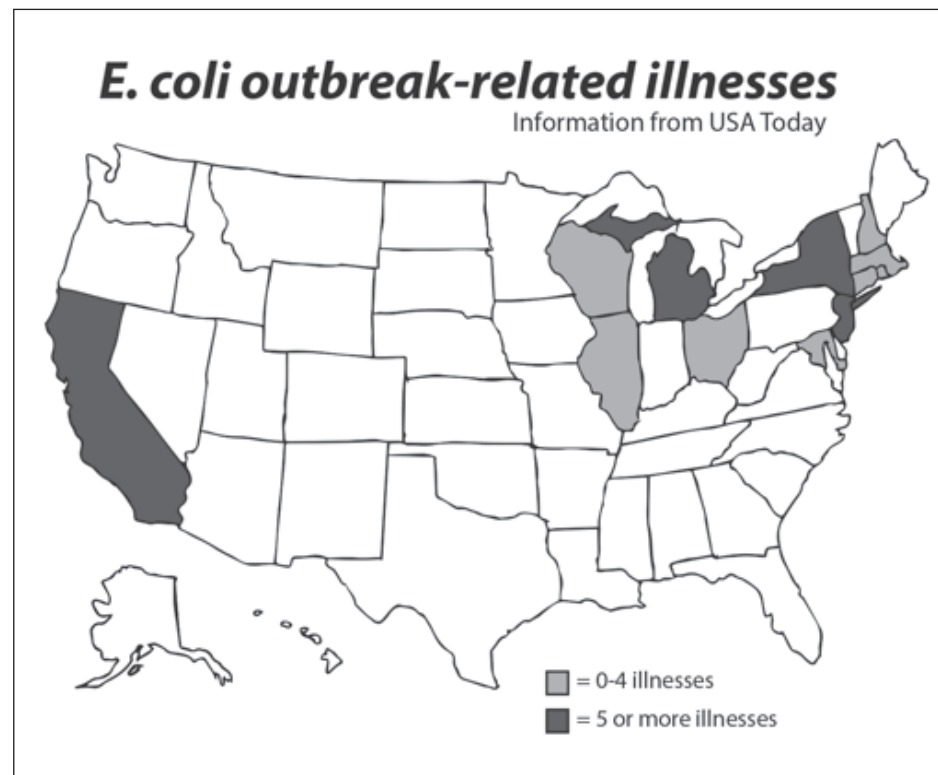
“The CDC food safety alert and the FDA recall (advised) that consumers do not eat romaine lettuce or any salad mixes that contain romaine until more information on the source of contamination is determined,” Eric Cameron, the general manager of Chapman's Restaurant Services, wrote in an email to The Panther.

There have been no reported deaths from the outbreak, 16 of the 43 sickened have been hospitalized, including one person who developed hemolytic uremic syndrome, a potentially life-threatening type of kidney failure. Though the contaminated lettuce is thought to have originated in California, there have been reported illnesses in 12 states.

Ally Roth, a sophomore creative producing major, said she frequents the Randall Dining Commons, Qdoba and Sub Connection on campus – all of which typically serve romaine.

“I haven't eaten any romaine lettuce since I heard about (the outbreak) and I'll probably be more careful before I eat any Qdoba,” she said.

Surfaces that may have been



EMMA REITH Art Director

The E. coli strain has impacted 12 states, according to USA Today. Sixteen of the 43 individuals who were sickened from the E. coli outbreak have been hospitalized.

in contact with the potentially contaminated lettuce have been washed, rinsed and sanitized, Cameron wrote.

“All food suppliers, including producers, manufacturers and distributors must provide proof to our Product Quality Assurance Department that they have a proactive food safety and food security program in place which meets or exceed our standards,” Cameron wrote.

Chapman's Restaurant Services dealt with a similar situation in April

2018, when there was a recall on romaine lettuce due to another E. coli strain.

Max Rosenthal, a freshman psychology major, said the outbreaks won't impact his future romaine lettuce consumption, but Megan Johnson, a freshman accounting major, said she will stick to iceberg lettuce from now on.

“E. coli is not a thing to be joked around with. We need to take precautions to serve food that is safer to eat,” Johnson said.

Senate updates

Nov. 30 meeting

Commuter Student Advisory Committee

Alex Ballard, Commuter Student Advisory Committee chair, presented the candidates for members for his new committee. This new committee will be responsible for tending to the needs of commuter students. Student government confirmed all eight candidates who were brought forward.

Alpha Kappa Psi funding request

The Alpha Kappa Psi fraternity requested \$2,135 to fund a trip to the Principled Business Leadership Institute conference for nine of its members. The funding request for this conference was significantly less than in previous years due to the fraternity instating a stricter application process and fundraising internally. Student government approved the request in full.

Diversity survey

Diversity Affairs Chair Jackie Palacios pitched an idea to student government about sending out a university-wide survey about diversity issues within each college. Saba Amid, the university and academic affairs chair, will be helping Palacios with the survey which will be specific for each college at Chapman. Members of student government are looking forward to starting this project.

Election code review

Vice President Arianna Ngnomire asked student government to do a soft poll on the executive board candidates running on a ticket or running separately. Last semester, Ngnomire and President Mitchell Rosenberg ran on separate informal tickets, but ended up being elected together. The election code allows for people on different tickets to be elected, and Ngnomire wanted to discuss potentially changing this policy. Student government decided that there needs to be a change, but were split in what that change should be. Seven members voted in favor of voting for candidates on the same ticket and five voted in favor of voting for candidates separately. How to amend the election code has yet to be decided, but the decision must be made before the semester ends.

Compiled by Maura Kate Mitchelson

INCIDENT LOG

Nov. 11

Unknown subjects poured maple syrup and flour on two vehicles parked in the driveway of a house on the 200 block of Mayfair Avenue. The incident occurred between 1:30 a.m. and 11 a.m. and the report was referred to administration.

Nov. 15

A witness reported a hit and run collision at Marion Knott Studios. The incident occurred between 10:05 a.m. and 10:37 a.m. and the report was forwarded to the Orange Police Department.

Nov. 28

An unknown person removed a mezuzah, a Jewish religious symbol, from a door post in Henley Hall. The incident occurred between 3 p.m. and 6:15 p.m. and the report was forwarded to the Orange Police Department.

Compiled by Jasmin Sani from the Public Safety daily crime log

The 'school shooting generation':

School shooting are more frequent than ever, and some students live in fear that theirs will be next. Here's why today's students have been dubbed the 'school shooting generation.'

Maggie Wright | Staff Writer

David Hogg, Parkland shooting survivor and gun control activist, feels there is a connection among mass shooting survivors.

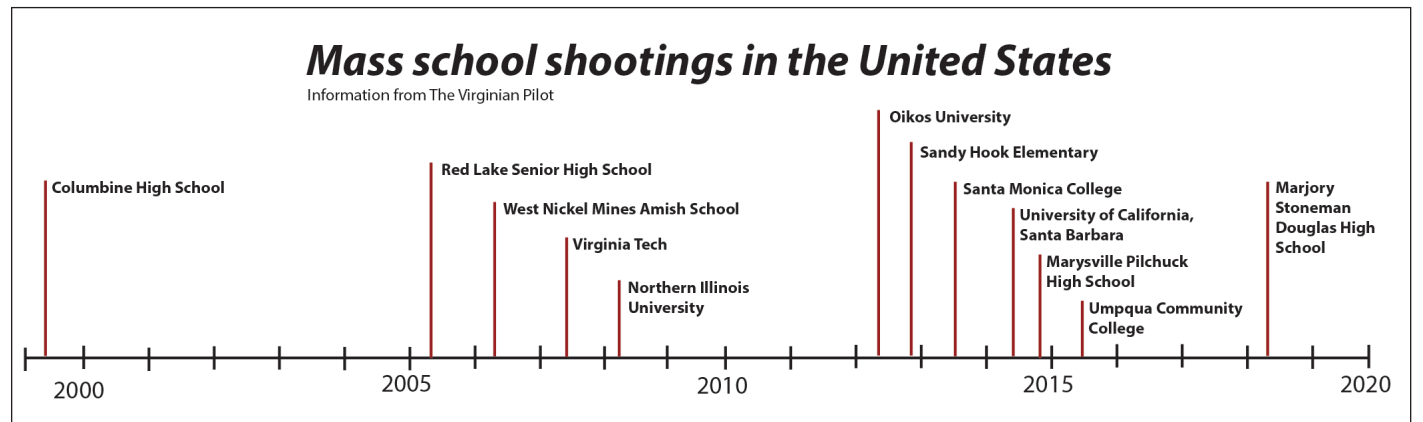
"Whenever I meet other survivors of a different mass shooting, one of the first things they'll say is, 'You're now a part of this club that nobody else wants to be a part of,'" Hogg told *The Panther*. "I've heard that from hundreds of people across the country that have lived through mass shootings, and the club is only getting bigger."

Upon returning to school at Stoneman Douglas High School two weeks after the shooting, Hogg said his campus felt "weird and numb." The students should have never had to miss those two weeks, because the shooting should have never happened and gun violence should never happen.

"We were treated like toddlers," Hogg said. "People were given Play-Doh and crayons to play with because we were fundamentally broken down emotionally from what happened, and understandably so."

On Feb. 14, a gunman opened fire at Stoneman Douglas High School in Parkland, Florida. Fourteen students and three staff members were killed and 17 people were wounded but survived the shooting. Because of the frequency of mass school shootings, a 2018 Atlantic article referred to Americans born in the late 90s and early 2000s as the "school shooting generation." Most college-age Americans don't remember a time when gun violence wasn't a threat, according to the article.

Lauren Netzel, a freshman communications studies major, said she thinks about the possibility of a shooter entering her math class in Hashinger Science Center. She said



There have been 12 mass shootings, in which four or more people died, at schools since the shooting at Columbine High School in Littleton, Colorado on April 20, 1999.

she believes that school shootings have caused this generation to have a "screwed-up mentality."

"When I sit in class, I can't help but think about (a school shooting)," Netzel said. "I hope the doors are locked. It makes me uneasy knowing that anyone can come in. There have been times I hear screaming outside, and I panic a little bit."

Tatum Doke, a freshman health sciences major, said that she thinks society has become desensitized to mass school shootings. It's frustrating that this has become normal, and that shouldn't be okay, she said.

"When I see that there is another (school shooting), I'm like, 'There's another one, it's probably going to happen near me or to me,'" Doke said.

Hogg said his life was "insane" after the shooting at Stoneman Douglas High School. Hogg, along with fellow survivors of the Parkland shooting, began vocalizing his opinions on gun violence in the days and weeks following the shooting. There were 20 hour days with very little sleep in between and a lot of interviews, he said.

"The solution to stopping gun violence is pretty simple," Hogg

said. "It's about creating common sense solutions and establishing morally just leaders that care about whether or not kids make it home from school, or just don't die in their community, period, from gun violence."

Hogg, who is taking a gap year before he begins college, continues to travel — flying to different states where he does events on college campuses, encouraging students to become civically active in their communities.

"I look forward to college to be able to inspire other young people on my campus, to go out and create change in the community," Hogg said. "The way that people can become empowered like we did in Parkland is by realizing that they've always had this power and believing in themselves. We need to stop waiting for other individuals to be the people we wish to see create change."

But Americans aren't seeing any change, Netzel said.

"After 9/11, one person does something and all security changes, and we haven't had anything like that happen again," Netzel said. "And yet, when a school shooting happens, we

don't change anything."

Change may be on the horizon, however. College students must vote every single chance they get because politicians won't pay attention until they do, Hogg said.

"The reason why older people are so taken care of by the government is because they are one of the largest voting bloc that consistently votes in America," Hogg said. "Young people can be that too, but we have to start voting."

Hogg also encourages young people, especially survivors of school shootings, to take care of themselves first. Activism takes a toll on your emotions, he said, and it can be very harmful for individuals who don't know how to take care of themselves.

"You're not expected to save the world because you lived through something that never should have happened," Hogg said. "But if you feel the need to go out and create change, realize that you cannot create that change unless you take care of yourself first. Go and see a therapist, eat food, surround yourself with friends and a supportive community of the individuals you're comfortable with."

Students reflect in the aftermath of California fires

Zach Davis | Staff Writer

Sophomore Zoey Pittler went home for Thanksgiving break, but the journey there wasn't easy. On Nov. 9, she awoke to learn that her Calabasas, California, home was being evacuated.

"When I heard the news, I broke down in tears," said Pittler, an integrated educational studies major. "My mom called me and asked me what I wanted her to save."

Fortunately, Pittler said, her home went undamaged.

"We were able to spend Thanksgiving at home. I was afraid that wasn't going to happen," Pittler said.

The fires throughout California are now contained — but the exact damage they have caused is still not fully known.

In Northern California, the Camp Fire scorched more than 153,000 acres, making it the most destructive wildfire in the state's history. The fire has killed 88 people so far, also making it the deadliest fire. The search continues for the 25 who still remain missing, as of Dec. 2.

In Southern California, an additional two fires forced hundreds of thousands to evacuate their homes in both the Los Angeles and Ventura counties. The Woolsey Fire and the Hill Fire accounted for three of the

deaths in the state, with a combined total of more than 100,000 acres burned.

Amulya Madhav, who grew up in Thousand Oaks, California, watched from Orange as her family and friends received the news that they had to leave their homes.

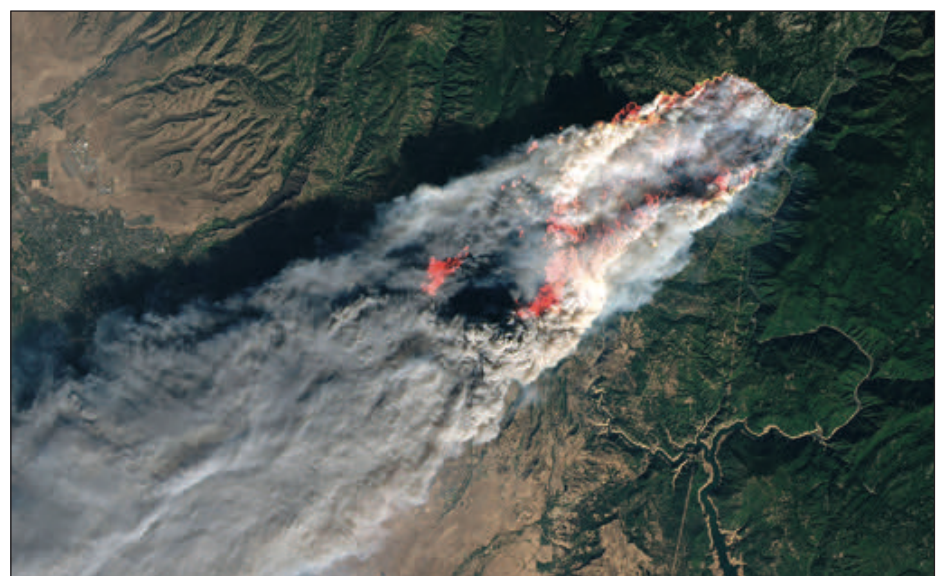
"It is so beyond devastating," said Madhav, a junior health sciences major. "It makes me incredibly sad to see that so many loved ones had to leave their homes for the last time."

Similar to Pittler, Madhav and her family were able to escape unharmed, with their home intact. And for that, Madhav said, she is extremely grateful.

"I know a lot of people weren't as lucky as me, and my heart aches for those who lost their homes," said Madhav. "There has been a lot going on this past month, but it's comforting knowing that the fires are contained."

In total, the Camp Fire in Northern California has destroyed more than 10,000 structures so far, and decimated Paradise, California. The town, located a little less than 100 miles north of Sacramento, has mostly been turned to ash.

On the Southern end of the state, more than 1,500 structures have been destroyed. Of those structures, many belonged to celebrities like Kim Kardashian West, who tweeted that



Wiki Commons

The fires in Southern California accounted for three deaths in the state and burned more than 100,000 acres of land.

her home had been evacuated late Nov. 8.

Miley Cyrus and Liam Hemsworth were also among those who lost their homes to the flames.

"My house no longer stands," Cyrus tweeted on Nov. 11, "I am grateful for all I have left."

Other celebrities whose houses were damaged or threatened include Caitlyn Jenner, Robin Thicke and Gerard Butler. Paramount Ranch, a filming location for the popular HBO television series "Westworld" and the

Bachelor Mansion were destroyed.

The California Department of Forestry and Fire Protection has said that the cause of the Camp Fire remains "under investigation," but many are pointing the blame at Pacific Gas and Electric Company (PG&E).

Costs for the Camp Fire could reach the billions, according to U.S. Interior Secretary Ryan Zinke.

"I hope that Thousand Oaks goes back to how it was sooner rather than later," Madhav said.

Some students celebrate ‘a festival for the rest of us’

Kate Hoover | Features Editor
Talia Cuttitta | Assistant Features Editor

Festivus, or “a festival for the rest of us,” entered popular culture when it was featured in the 1997 “Seinfeld” episode “The Strike.” George Costanza’s father Frank Constanza decides to wage a one-man war on Christmas. Instead of celebrating the widely-commercialized holiday, Frank starts his own tradition: Festivus.

Festivus is a secular holiday that falls on Dec. 23 to “get a leg up on Christmas.” To celebrate, an aluminum pole — the Festivus pole — is set up in a living room or backyard and requires no decoration. After a Festivus meal, those who celebrate the holiday must air their grievances with each other and take part in feats of strength, like wrestling.

“It’s a good way to peacefully rebel against holiday consumerism culture while still getting friends together to celebrate a holiday,” said Devon Ryle, a senior music major who celebrates the holiday.

Festivus was a real holiday for “Seinfeld” writer Dan O’Keefe. O’Keefe’s father invented the holiday when O’Keefe was about eight years old, according to a 2016 Time article. O’Keefe grew up celebrating Festivus, but without the now-traditional “Festivus pole,” which acts as the centerpiece for the holiday, a detail added in the Seinfeld episode. O’Keefe was convinced by fellow writers to include Festivus as a subplot for the “Seinfeld” episode

when they caught wind of the unique holiday.

O’Keefe finally agreed, including the traditions of airing grievances, feats of strength and the tagline “a festival for the rest of us.”

“(That) was an actual family Festivus motto,” O’Keefe said in a 2009 interview with the Washington Post.

Ryle still celebrates Hanukkah and Christmas, but started celebrating Festivus two years ago in addition to the two holidays. Ryle’s sister and his sister’s husband also celebrate the holiday. Ryle’s version of Festivus is not as intense as the show, he said. He believes people can use their imagination and come up with their own version of the holiday.

“For the (airing of) grievances, we anonymously share things about each other and make fun of petty things,” Ryle said. “It can get real personal or real silly.”

Ryle said instead of wrestling for the feats of strength, his family plays games like Mario Kart and Cards Against Humanity, and they elect a “champion” at the end of the night. Ryle puts the Festivus aluminum pole in the living room each year. However, one year his sister “was lazy” and didn’t get the pole, so she brought a cardboard roll and covered it in tin foil instead.

“I want to spread the word about Festivus this year,” Ryle said. “It has a heartwarming sentimentality to it.”

Samantha McCann, a junior psychology major, also celebrates the holiday. Her father and grandfather are big fans of “Seinfeld,” she said, and her family has celebrated it for



IMDb

Festivus, a secular holiday that takes place on Dec. 23, was popularized by a 1997 episode of “Seinfeld,” where George Costanza’s father, Frank, decides to rebel against the commercialized traditions of Christmas.

the past 10 years.

“For the feats of strength, my dad will joke about how me and my sister should fight, but we never do,” McCann said. “(For the airing of grievances) my dad also knows better than to list every problem he has with us. We would just throw it right back at him.”

The first time the McCann family celebrated Festivus, some of McCann’s extended family relatives were upset, and said it was “sacrilegious” and “overshadowing”

Christmas, but that hasn’t stopped them.

“We always have the same dinner: a tater tot hot dish, which is a food from (my father’s) childhood, since in the show, (Festivus) was about George’s childhood.”

McCann’s father puts a Festivus pole in the front yard, and gets a kick out of quoting the show “over and over again,” McCann said.

“I don’t know why he likes it so much, but it’s fun watching him enjoy it,” McCann said.

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REVIEW

Thank you, Ariana, for ‘thank u, next’

Zach Davis | Staff Writer

What do you get when you combine four iconic movies, dozens of celebrity cameos and one “mom-ager”?

The music video for Ariana Grande’s new single, “thank u, next.”

Released Nov. 30, the video, directed by Hannah Lux David, opens with a scene straight out of “Mean Girls,” complete with interview-style shorts of various celebrities and friends of Grande talking about the singer, including Troye Sivan, Colleen Ballinger (also known as Miranda Sings) and Jonathan Bennett, who played Aaron Samuels in “Mean Girls.”

The music video then cuts to a scene of Grande, dressed as Regina George, scribbling in a burn book about her past boyfriends, including Big Sean and Mac Miller, along with the introduction to her song, “thank u, next,” in which she name drops all her past boyfriends. Grande also references her ex-fiance Pete Davidson by writing “Sorry I dipped” on a photo of them together.

The video continues to recreate some of the most popular scenes from “Mean Girls,” including a fan favorite of the video, Kris Jenner as Regina George’s mom. Dressed in a pink tracksuit, the 63-year-old Kardashian-Jenner matriarch dances along to the chorus, creating excitement among many social media users, who loved the hidden

Easter egg in the video.

Grande also recreates iconic scenes from movies like “Bring It On,” “13 Going on 30” and “Legally Blonde.” Dressed as Elle Woods, Grande walks along campus, struts on a treadmill and even stops the video to create a dialogue with “Legally Blonde” actress Jennifer Coolidge, who reprises her role as manicurist Paulette in the music video.

The music video generated a buzz on social media, with many fans praising Grande’s portrayal of four iconic feminine roles, as well as the cameos and references sprinkled throughout the video. The video also broke YouTube’s previous record for most views in 24 hours. In less than one day after its release, the video had more than 46 million views on YouTube.

Grande’s video was a refreshing take on four female-driven classics. With her recent breakup and the death of her ex-boyfriend in the news over the last couple months, Ariana Grande has been the center of pop culture gossip. This video shows strength, resilience and creativity. It’s the epitome of Grande: a kick-ass feminist singer who overcomes obstacles and comes out stronger. It’s no surprise that the music video smashed records. Additionally, the video was praised by several celebrities, including Reese Witherspoon and Rachel McAdams, who portrayed Elle Woods and Regina George respectively.



IMDb

Ariana Grande’s “thank u, next” music video was released Nov. 30.

The films selected by Grande are all movies that have redefined what it means to be a woman in the 21st century, and as an empowered and influential artist, Grande’s retelling of the classic stories inspires viewers across the world, both young and old. Her already-feminist song “thank u, next” had broken Spotify’s single-day streaming record for a female artist — a title previously held by Taylor Swift.

Ending on a bang, Kris Jenner shouts “thank you next, bitch,” at the end of the video, eliciting

a massive response from fans everywhere, with Grande tweeting out that she’d love to make the line her text tone.

Grande’s wit and charm created a clever, revolutionary and successful video. Even if viewers don’t like the singer, they are drawn in by the movies portrayed in the video.



REVIEW

‘Ralph Breaks the Internet’: A must-watch film for all ages

Talia Cuttitta | Assistant Features Editor

Pixar’s “Ralph Breaks the Internet,” which was released in theaters Nov. 21, the sequel to “Wreck It Ralph,” is not just a kid’s movie. It’s a film for all ages filled with messages that are universal — friendship, insecurities and the pursuit of dreams. The charming friendship between main characters Ralph and Vanellope is put to the test, and they are forced to grow and learn in the process. Funny, nostalgic, silly yet clever at the same time, “Ralph Breaks the Internet” is a movie worth seeing, no matter how old you are.

The film’s setting, the internet, is something that almost everyone understands. The way the internet is depicted through animation is remarkable — showing the amount of people interacting online via avatars made it so viewers could actually see the busy, hectic nature of the virtual world.

“Ralph Breaks the Internet” is cameo-filled, including both modern Disney characters and ones created up to 90 years ago. The film features all the old and modern Disney princesses, as well as some characters from Star Wars, Toy Story and even Winnie the Pooh. The cameos don’t feel forced. Since the internet contains such a wide scope of information, it makes sense



IMDb

“Ralph Breaks the Internet,” the sequel to “Wreck It Ralph” (2012), was released in theaters Nov. 21.

that all these characters would be interacting in the virtual world.

The film is not afraid to make fun of past Disney films, the internet and itself. From the scene with the princesses comparing their movies’ similar plots, to the cultural phenomenon of viral videos and memes. This self-awareness doesn’t happen in many Disney movies, and it’s a refreshing take.

The movie also features an anti-hero, which is unusual for a Disney movie. That antihero is Ralph’s insecurities, visually depicted by clones of Ralph that combine to form a much bigger, much more formidable Ralph. His insecurities were duplicated by a virus intended to stop Vanellope from leaving him for a game called “Slaughter Race,” the ultimate racing adventure.

The whole purpose of the movie then becomes whether or not their friendship will survive this awful turn of events, and it all depends on whether Ralph will learn how to have healthier friendships. If not, he’ll end up alone, which is his biggest fear.



EDITORIAL



Illustrated by Gaby Fantone

Legal doesn't equal moral

The Panther Editorial Board

Just over a hundred miles from Chapman lies the San Ysidro border crossing in San Diego, California. It's one of the busiest border crossings the country, processing around 70,000 northbound vehicle passengers each day. On Nov. 25, it became a scene of violence and chaos as American border agents tossed tear gas into a crowd of migrants that included children.

While the gas used at the border Nov. 25 was not lethal, it was immoral. The U.S. has been swift to punish other countries that use chemical weapons – in April, we launched airstrikes against Syria for its leaders' role in the death of 34 people, including children, by chemical attack near Damascus.

What does our willingness to attack a country for using chemical weapons while we downplay what is happening at our own borders say about us?

Tear gas has been outlawed for use in warfare by almost every country in the world. Under the Geneva Convention, a multicountry agreement about behavior in times of war, it's considered a chemical weapon and its use is prohibited, although it's

allowed in riot control situations.

But despite its legality, tear-gassing innocent bystanders is morally wrong. It is a cruel and uncalled-for action taken by a government with a deeply flawed immigration system.

These thousands of migrants, the majority of whom are escaping violence and poverty in Guatemala, Honduras and El Salvador, have spent months walking at least 2,500 miles traveling to the U.S. border in search of better lives for their families. They have a right to do so under U.S. and international law.

Meeting their search for safety with an outlawed chemical weapon attack further shows how many people have become collateral damage in an increasingly volatile war on immigration.

The current administration is reluctant to funnel funding toward fixing the system. The U.S. spends around \$13 billion each year on border security, but just a fraction of that on reviewing claims from asylum seekers.

It is our responsibility to protect the legal right of migrants, especially those as

vulnerable as children, to seek asylum and refuge when there is no appropriate system in place for those seeking emergency protection. In the words of the American Academy of Pediatrics, "Children do not immigrate, they flee."

"I felt that my face was burning, and my baby fainted. I ran for my life and that of my children," Cindy Milla, a Honduran migrant with two children, told the Wall Street Journal.

Several newly elected politicians have voiced opposition to the use of tear gas on Twitter, like Congresswoman-elect Alexandria Ocasio-Cortez and former Democratic senatorial candidate Beto O'Rourke, who condemned the border control agents' treatment of the migrants.

These politicians exemplify why it's important to get angry about injustices, even when the leaders of the country defend them. History has demonstrated loud and clear that when we don't speak up and defend the defenseless, we become no better than the people who instigate violence.

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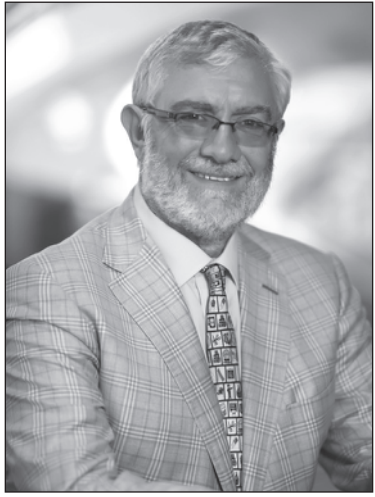
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Administrative interference limits academic freedom



Daniele Struppa, university president

Each month, the dean of students hosts a community forum as a means to engage students on a broad range of campus climate issues. On Nov. 13, the forum centered around speakers who are accused of misconduct. A specific objective of this forum was to help students understand how campus speakers are selected and how students who object to the speaker can

protest if desired – this topic was selected in part due to a recent situation involving a speaker invited to a class at Dodge College.

There were two key points introduced at the very beginning of the forum: First, that faculty have the academic freedom to invite any speaker to campus whom they believe will advance the objectives of their course, and second, that students have the right to protest a speaker, as long as their protest does not inhibit the rights of others attending the event.

The primary goal of academic freedom is not to protect the rights of speakers, but the rights of those

who want to hear the speaker and the rights of those who want to protest.

Many universities try to spin and wordsmith their way out of controversial situations, rather than educate students on the key principles of academic freedom and free expression – we wanted the forum to be a candid conversation about these academic principles, and for the most part, we feel this was accomplished.

Toward the end of the forum, a student asked if Chapman would permit a convicted rapist to speak on campus. Jerry Price, the dean of students, reiterated: Faculty have the academic freedom to invite any speaker to campus whom they believe will advance the objectives of their course.

We recognize that sexual assault is a horrible crime that has impacted too many of our students and other Chapman community members, directly or indirectly. But even when the topic is something as upsetting as sexual assault, academic freedom holds that faculty members have the expertise to determine which speakers are appropriate, and administrators will not interfere.

Since the forum, some students seem dissatisfied with this answer, and have posted on social media that Chapman would allow a convicted rapist to interact with students. We are concerned this criticism suggests that further clarification of academic freedom and free expression is necessary.

Neither the president of the university, the dean of students nor any other administrator decides which speakers can be invited to classrooms – academic freedom grants that responsibility solely to the faculty

member who teaches the class.

When a faculty member invites a speaker, neither the president of the university, the dean of students nor any other administrator can cancel that speaker.

We think that by allowing the president of the university, for example, control over who can speak, we would potentially be suppressing faculty's viewpoints. Would any faculty support the idea that they need the permission of the president to invite a speaker? As some of us have pointed out in different contexts, this is a slippery slope. If we insinuate that the president (or the university through some other administrative body) can censor an invited guest, how can we protect Chapman from a potentially despotic administration that would use authority to promote only speech they agree with?

The price of having academic freedom is that sometimes we will have speech we detest, or speakers we despise. We can't have one without the other.

You don't have to take our word for it. We invite you to seek out a trusted professor and ask: Can you invite any speaker to your class that you feel would advance your course objectives, and does President Daniele Struppa, Dean Price or any other administrator have the authority to tell you otherwise? We will be surprised if you receive an answer different from what is outlined here.

Jerry Price, dean of students, and Helen Norris, university vice president and chief information officer, contributed to this column. Read the full column online.

An open letter to Dodge College



Lindsey Ellis, sophomore film production major

Four years ago, when I first toured Chapman, one of the first things that drew me in was the collaborative, supportive environment the school fostered for its students. I came from across the country to join a community of forward-thinking creators.

Chapman was my dream school from the moment I stepped on campus. And it made sense:

Its ability to churn out films was admirable and the opportunities students received were unparalleled. The school is innovative in so many ways: just take a look at its rising rankings every year.

Dodge is ahead of industry standards in many areas, but falls behind in its treatment of female voices.

The film industry is historically sexist. That's an undeniable fact. Famous female directors are few and far between. In my History of Film class, we learned about prevalent male figures. Every female from the industry has at least one horror story from their experience working. But this is changing. The leaders of the #TimesUp movement have paved the way for so many women to come forward regarding their dismissed trauma. They show that bravery and strength can be the only forces needed to spark a revolution. They went online, they went to the streets, they stood up and sent the message loud and clear: Women are not going to accept this treatment any longer. Women demand to be heard.

The past two years in film have shown this. Films are giving women voices – accurate and complex voices – in a way that is new and, frankly, refreshing for a young woman going into the film industry.

I fear that Dodge is falling behind the changing tide of the industry, and I know that I am not alone in my concern. I have heard from so many students, and experienced firsthand, stories of unacceptable behavior of professors in a classroom environment, and reports of sexual harassment being mismanaged. Recent events have shown the college puts its professional reputation ahead of its promise to keep students supported and

safe.

At least 7 percent of students that responded to Chapman University's Title IX and Sexual Misconduct Climate Survey said that they had experienced at least one incident of nonconsensual sexual contact since the beginning of the 2017-2018 school year.

For this 7 percent, and the many more unreported cases of sexual misconduct, we must live up to the Student Sexual Misconduct Policy, which says that Chapman is "deeply committed to creating and sustaining an educational, working, and living environment that is conducive to learning and scholarship and is supportive of students and employees. Part of this commitment is fostering a campus free of sexual misconduct in all its forms."

I can only hope that the administration will put more focus on preparing the young filmmakers who are about to join the rapidly changing environment of the film industry, specifically educating them about the sexism and gender dynamics in the entertainment world. We must cautiously select the voices that we want speaking to us about industry standards and how to "make it."

Dodge, I am thankful for you. But if we do not continue to aim to do better, then we will fall behind.

Read the full column online.

Why you should care about the national debt



Melissa Coyle, junior biological sciences major

Regardless of your political affiliation, the U.S. national debt affects all of us. The Congressional Budget Office (CBO) estimates that by 2048, debt held by the public will reach a staggering 152 percent of the gross domestic product (GDP).

The CBO estimates that rising federal debt could reduce the average income by as much as \$6,000 per person.

If we fail to address our national debt, the federal government will find it difficult to make education, research, infrastructure and economic growth a priority. The national debt has become inferior to more immediate concerns.

As a result, money that could have been going toward infrastructure and research gone to putting out economic fires. The biggest challenge for our generation is

not being able to invest in the future, have flexibility to respond to economic obstacles, or have the tools to approach a financial crisis.

The national debt is as old as America. For example, the one and only time the United States paid off its national debt was on Jan. 1, 1835. Right now, the national U.S. debt clock shows that our nation's debt is soaring above \$21.8 trillion.

Of more immediate importance to us, 92 percent of student debt is owed to the national government through federal loans. The average cost of tuition and fees for in-state residences at a public college is about \$10,000, out-of-state residences are about \$26,000 and private colleges are about \$35,000, according to the College Board.

This is a conservative amount, considering there are private institutions – like Chapman – with tuition in the ballpark of \$65,000 a year. Although some schools have tried to alter this reality, such as the New York University School of Medicine's free tuition for incoming and current students, it is the exception rather than the norm.

Student loan debt should not be a rite of passage for young Americans, but it often is. This sad reality is further exacerbated by the fact that student loan debt is the only type of debt that cannot be erased via any type of bankruptcy.

So, why should we care? Young Americans have the most to gain – or lose – from how Congress addresses our fiscal challenges. The current generation of young Americans are saddled with debt, giving them fewer opportunities to invest in their future.

It is up to us to speak up and make reducing the national debt a priority. Students can do this through the outlet of the Up to Us campaign, a nationwide competition on college campuses that focuses on building a sustainable economic and fiscal future.

Chapman students can show their commitment to addressing the national debt by signing the campaign's pledge. These signatures encourage our elected officials to take action. Our representatives should know that we are aware of these critical issues and demand action.

But there is hope. There are motivated young Americans who are collaborating to create a better economic future. Our voices are loud and our strength is mighty. We can create change in our country. We can reverse the financial burdens that prior generations have left behind. We can do it because we are a part of the solution. It is up to us.

Alex Ballard and Wil Harris contributed to this column. Read the full column online.



Photo courtesy of Larry Newman

Arabella Reece, number 1231, qualified for the national race in Oshkosh, Wisconsin Nov. 15. Reece was the first female runner to qualify for nationals from Chapman.

Arabella Reece becomes first Chapman runner at nationals

Mimi Fhima | Sports Editor

When freshman Arabella Reece's coach played Paramore songs to help calm her nerves, she knew she was in for an intense race. Layering up for a 6K race in 20 degree weather in Oshkosh Wisconsin, Reece prepared herself to compete against women from all over the country.

Reece was proud of herself for making it so far and performing her best, but she wasn't ecstatic excited about her time of 22:54:1.

"I just wanted to do better than I did before, but that's okay. You know, we've got years to go again," Reece said.

Reece is the first female runner from Chapman to qualify for the national race. She placed 148th overall, making her the 16th freshman in the nation.

The race included teams and individuals from schools across the country. Reece, competing as an individual, said the experience of the race was a lot different than any other competition she had ever done. The runners were quite aggressive, she said, and without her teammates, the atmosphere felt different.

"I was very nervous, but I just tried to keep myself in check — keeping the gratefulness in mind," Reece said. "It was a really amazing experience."

After the race, as Reece said she caught her breath after crossing the finish line. Her coach wrapped an aluminum blanket around her to warm her up because of the cold weather, she said.

"It made me feel like an astronaut," Reece said.

Several runners were crying after the race because the pressure of performing was finally over, Reece said.

Head coach DeAndra'e Woods went to nationals with Reece and supported her throughout the event, Reece said.

This was the first time Reece had

been exposed to competitors who run at the same pace as her. The competitors bumped and pushed Reece, Woods said, and this, paired with the below freezing temperatures, startled her.

“ I was very nervous, but I just tried to keep myself in check — keeping the gratefulness in mind. It was a really amazing experience. ”

- Arabella Reece, freshman cross-country runner

"She worked with the climate and the temperature, which she wasn't used to," Woods said. "She wasn't used to the atmosphere. So that was really cool. But it was definitely really competitive, was really fun too. I could see her kind of pushing through just trying to trying to grind it out."

Reece said she was glad to see her parents as she crossed the finish line.

"I don't know what I would have done without them. They were so proud of me and beyond thrilled with everything that I've done. They were all emotional," Reece said.

Reece competed in the National Collegiate Athletic Association National race as an individual Nov. 15. Reece qualified for nationals at the regional race Nov. 10 in Walla Walla, Washington with a time of 22:46:0 which landed her in the spot of the



Photo courtesy of Larry Newman

When Arabella Reece isn't running cross-country or track, she spends time rehearsing with her band Miss Spoken.

first female runner and second overall runner to attend nationals from Chapman.

Chapman coach Barron Maizland, who ran in nationals when he was younger, trained Reece.

"There was going to be a lot of pushing and shoving, and she wasn't as happy, but coach Woods and I were both very proud of what she had done," Maizland said.

Now that nationals is over, Reece plans to pursue her other hobbies, like music, skateboarding and snowboarding.

Reece has three weeks of break and then will begin training for the spring track season, even though official team practice doesn't begin until Jan. 6.

Reece said running track is different than cross-country in that track is a lot more speed-based.

"My coach was saying, I have the potential to break all the distance records because there are so many different races. That would be amazing," Reece said. "(I want to) enjoy myself, stay healthy, have a blast and enjoy track."

Lone senior acts as player and coach

Pri Jain | Staff Writer

Four years ago, Carol Jue, women's basketball head coach, drew up a play to set Jaryn Fajardo up to score in crunch time. Although she was only a freshman bench player at the time, Fajardo secured a game-winning shot and proved she could score under pressure. From then on, Jue saw potential in Fajardo and continued to invest her time in the young point guard.

"(She went) from not playing at all, to little minutes, and then she hit two game winners against (California Lutheran University) as a freshman," Jue said. "Last year (she) was our MVP and got 25 points in our championship game."

Now, as the only senior on the basketball team, Fajardo has to step up as a scorer and a leader on the floor.

Fajardo said the age gap between her and her teammates sometimes takes a toll on her mentally, but she is eager to lead the team. She hopes to get to know her younger teammates on a deeper level during the team's trip to Hawaii this month.

"I see things that the coaches may not see," Fajardo said. "If some girls are having a bad day or if they are struggling, sometimes I can pick up on that more so than the coaches



MELLISA ZHUANG Staff Photographer

Point guard Jaryn Fajardo is the only senior on the women's basketball team this year. She scored 25 points in Chapman's championship game against Claremont-Mudd-Scripps Feb. 24 and is the team's MVP.

... I'll pick them up in ways that are more peer-to-peer."

Fajardo has always led by example, Jue said. With nine new freshmen on the team this year, Jue said she wants Fajardo to adopt a more vocal leadership role this season.

"It's definitely more pressure," Fajardo said. "If I don't say anything, there's no guidance with the others because they're so new."

In late game situations, Jue prefers to run the offense through Fajardo because of her efficient scoring and clutch instinct. While she is the starting point guard on the team, she is also the primary scoring option,

junior power forward Lucy Criswell said.

"I think the role of scoring has fallen on her a lot more," Criswell said. "There's been a lot more pressure for her because people who have typically racked up a lot of points in the past have left."

Fajardo's roots in basketball go back to her childhood. Her older sister, Miranda Fajardo, played with her in high school and pushed her to compete.

Jue said she has become so comfortable with Fajardo's leadership that she expects Fajardo to act as a coach on the floor this season.

"She's a lone senior, so she has to be like a big sister to all these players on the team," Jue said. "I can't always tell her what to do, sometimes she just has to take command."

Fajardo began playing basketball at Chapman with one other freshman who left the team due to injuries and other commitments, Fajardo said.

"Sometimes when I get frustrated with having to teach new freshmen, or getting frustrated with all the ups and downs with the new team, I think back and (tell myself) to be patient because (I) was once a freshman, just like them," Fajardo said.

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Reconsider before quitting a sport



Mimi Fhima,
Sports Editor

I have played two sports in my life: soccer and tennis. Naturally, tennis was a better fit, but when I was nine years old, I decided to quit.

After years of playing, I realized my six-year old sister was somehow better than me. Embarrassed and confused at how someone three years younger was so skilled, I decided I didn't want to pick up a racket ever again.

This was a shock to my parents. My family eats, sleeps and breathes tennis. I often come home to find them sitting in the kitchen, drenched in sweat after a three-hour tennis drill, somehow finding the energy to stare at the television as Roger Federer closes out a five-set match.

When I was 10, we moved to a new house that happened to be a block away from six tennis courts. It was the perfect time for me to start playing again, but my sister, who was nine years old at the time, had gotten better. Knowing I couldn't return her weakest serve on my best day, I didn't go near the courts and decided to take up running instead. While she practiced, I ran around the lakes, avoiding the tennis courts as they were a chilling reminder of my lack of skill.

In high school, I decided to play soccer. I was horrible. My parents, being the loving and caring humans they are, told me I would be the best player on the field and would no doubt make junior varsity as a freshman. Nope, I played on the C team.

I hated the sport, but refused to quit. My drive to be better than my younger sister at some sport motivated me to continue doing something I had no interest in. It wasn't worth it.

I started finding excuses to skip practice half-way through my sophomore season on the junior varsity team. The head coaches didn't care about the lower-level teams, and the program was too competitive.

I had come to hate both of the sports I played. I was too scared to try a new sport, like running cross-country or track, and I couldn't keep playing soccer.

One day during the summer before my junior year of high school, I came home to my family about to go play tennis. My mom asked me to come, and I begrudgingly complied. After putting my old tennis shoes on and grabbing one of my family's many backup rackets, I walked out the door. We picked a court and I walked slowly to the base line, turning around to face my sister.

To my surprise, everything fell into place. I hit shots I had never hit in my life, and I'm pretty sure I aced my sister on a serve, but she might remember things differently. I had more fun playing a sport than I had in a long time.

My family went to the courts almost every day that summer. My first day back was for sure a case of beginner's luck, and soon, I started to get frustrated. I realized the potential my sister had, and the feelings of embarrassment began to come back. Some girls from high school encouraged me to try out for the team, and this time, I decided to go for it.

Tennis tryouts were completely different than soccer tryouts. The coaches were nice and I had fun. I felt accepted by the team and I knew the coaches cared about my success.

My biggest regret in high school was quitting tennis. Looking back, while my sister is naturally more athletic than I am, our tennis skills were always the same, and it was only when I quit that she truly got better than me. Quitting something I loved out of fear was a mistake. There always was and will always be someone who is better than me, but that's what makes playing sports fun.

'Burnt out:' Swimmer anticipates end of college career

Jake Hamilton | Staff Writer

At the end of her junior year at Chapman, Kellyn Toole felt burnt out. After 15 years of gymnastics and a collegiate diving career, Toole was ready to be done with athletics. Going into her senior year, with her parents urging her to continue, Toole felt pressure to finish out the season.

"It does keep me on a schedule, but the main reason I came back was that it was senior year and my parents love it," Toole said.

Toole has been an athlete since she was three years old. She began with gymnastics and continued the sport until her senior year of high school. A friend also convinced her to join the swim and dive team her freshman year of high school. Toole said it was a challenge to adjust from gymnastics to diving.

"I don't want to say it was easy, because it wasn't," Toole said. "But I already had body awareness, which is a huge thing in diving."

Toole began to dive and still did gymnastics year-round, since the seasons did not overlap. Injury, however, presented an issue, she said.

"I stopped gymnastics because I kept breaking myself. I broke my foot twice in four months. After my senior year, I realized I need to stop," Toole said.

As Toole closed out her high school sports career, she said she had no expectations of diving in college until she visited Chapman. Since diving was still a new sport to her, she still had the motivation to continue.

But diving is a year-round sport. Toole said the rigor of a year-round sport on top of academics



Photo courtesy of Larry Newman

Senior Kellyn Toole joined the Chapman swimming and diving team her freshman after four years of high school swimming and 15 years of gymnastics.

and internships made it difficult to manage her time. In past years, it didn't pose a problem for Toole. But now, she said, there is more on her plate.

"I have a lot of stuff I need to do and need to figure out, like, post-grad. It's been hard for me a little bit to fit in diving," Toole said.

Toole interns for an advertising agency based in Denver, Colorado, and works at Chapman as a tour guide at the Office of Admissions.

"Diving after this, I'm not doing anything with it, whereas with school I want to finish up well and do well with internships so I can set myself up for a good job," Toole said. "For diving, if I miss a practice, it is OK. It's hard to find motivation."

Despite the difficulties the sports presents for Toole, she said it felt like the right decision to finish out her last year at Chapman on the dive team.

"The main reason I came back was that I had been doing so for so long, I might as well finish out," Toole said.

With her motivation dwindling and graduation nearing, Toole feels like it's the right time for her to wrap up her athletic career at Chapman.

"I'm going to be ready. I'm not ready for graduation, but I'm ready for dive to end. I'm ready for Southern California Interscholastic Athletic Conference (SCIAC) and regionals again," Toole said. "Obviously, I'll be sad, but it's my time."

Guillow balances hemophilia B and swimming

Jake Hamilton | Staff Writer

At one time in his life, senior Jarett Guillow played five sports. Hemophilia B, the second rarest form of a blood-clotting disorder, forced him to choose one. Guillow chose swimming, a sport that allowed him to work with his condition.

"Swimming was my best bet, because I was good at it and because it was what was best for my body," Jarett Guillow said.

Hemophilia B makes it difficult for blood in the body to clot, which can lead to severe blood loss. This means even the smallest of cuts or wounds could be fatal. While his condition is serious, Jarett Guillow said he tries not to let it phase him.

"I just need to be a little more cautious. If I'm cautious, life is so different," Jarett Guillow said. "If I'm injured, I need to carry my medicine, which is an IV push."

An IV push is a syringe, much like an EpiPen, which is used if someone with hemophilia B has sustained an injury. It injects a blood-clotting drug into the body to slow down the bleeding.

Guillow's mother, Cherie Guillow, said the disease presented a problem growing up.

"We always had to carry his medication with us, because no hospital carries it," Cherie Guillow said. "If he has an episode, we have to inject him with his medicine."

Cherie Guillow attended all of her son's sporting events growing up, in case there was ever an accident where he needed the IV.

"I did the medical issues and the



MAX WEIRAUCH Staff Photographer

Senior Jarett Guillow, who competes on the men's swimming and diving team, has hemophilia B, a rare blood-clotting disorder — but he doesn't let that hold him back.

coaches just coached him like any other kid," Cherie Guillow said.

To stay healthy, Jarett Guillow, a biochemistry and molecular biology major, has learned to work with his condition. Aside from time spent in the pool, he said he stays healthy by running and weightlifting.

"I have to work hard continuously, but if I'm not smart about it, it ends up being a problem," Jarett Guillow said.

Although injuries presented an obstacle for Jarett Guillow, they didn't stop him from accomplishing his goals in high school, he said.

His senior year he was elected team captain of the swim team and made the California Interscholastic Federation (CIF) - an honor given to student athletes who excel in academics and character - three of his four years in high school.

In his senior season, Guillow is excited to compete without injury.

"Last year, I was injured all season. At championships, I was cleared to compete two weeks beforehand," Jarett Guillow said. "I'm looking forward to always swimming this year and being competitive."

At Chapman, Jarett Guillow has earned the All-Academic Southern California Interscholastic Athletic Conference (SCIAC) two years in a row. Guillow's coach, Dennis Ploessel, said Guillow exceeds expectations.

"(Guillow) has brought a true student-athlete to the team. He's just an excellent student and still loves to compete," Ploessel said.

Jarett Guillow said he plans to continue swimming competitively after graduating Chapman and potentially join a masters team.